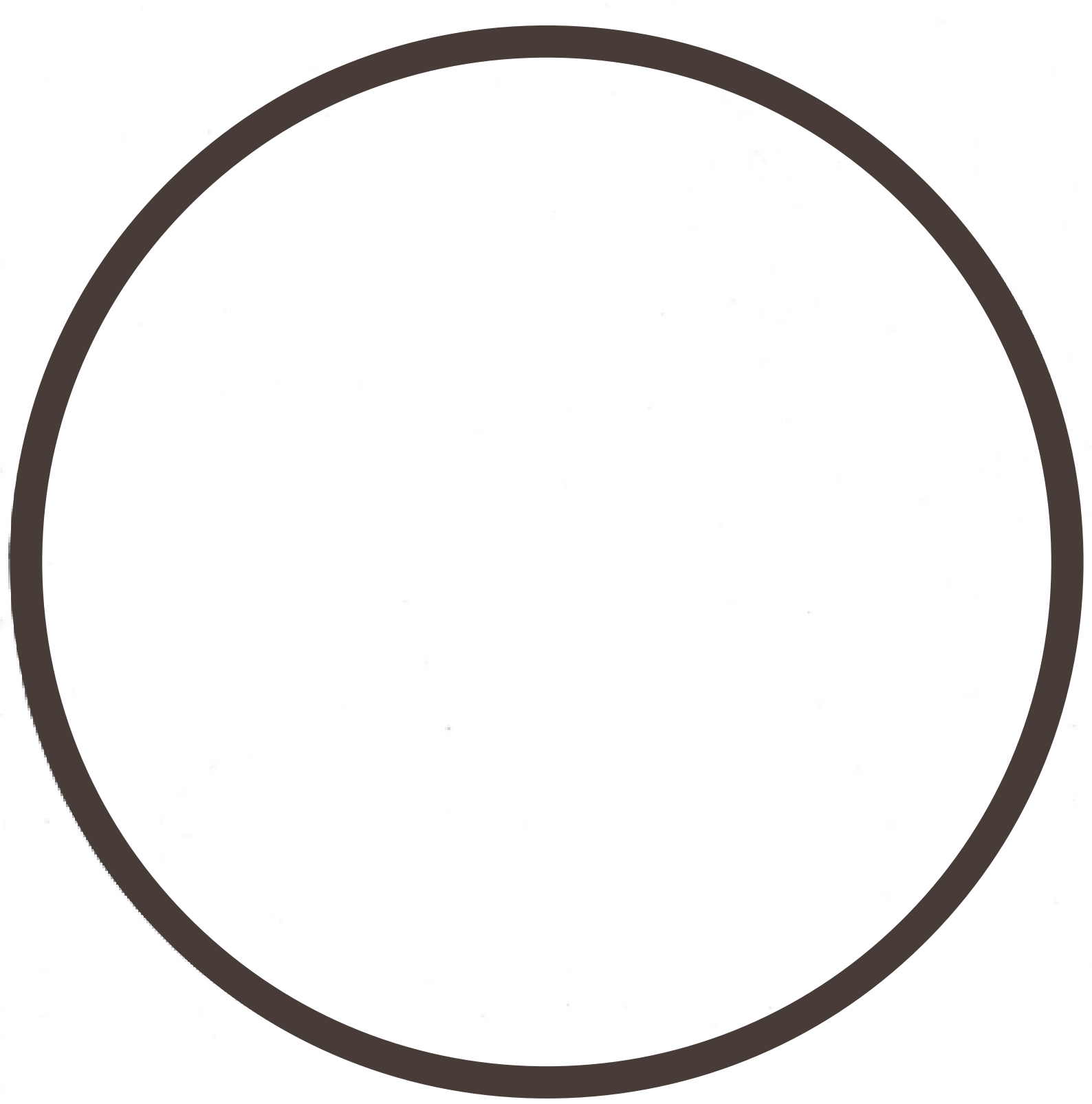


Heavy-duty pot holder pattern



By Sprouting Wheel



4 X

Instructions for the heavy-duty pot holders

Make sure to use a nice natural fabric for the outer pieces.

For the inside batting, you can either use proper batting or upcycle an old towel.

Trace the pattern onto the fabric:

- 2 pieces of outer fabric
- 2 pieces of inner fabric (optional)
- 4 pieces of batting
- 1 piece of binding

You will need:

- 21 by 42 cm outer fabric
- 21 by 42 cm inner fabric
- 42 by 42 cm batting
- 5 by 70 cm binding
- Matching thread

1. Layer your fabric: outer fabric - inner fabric - batting - inner fabric - outer fabric.
2. Secure layers together with pins.
3. Start sewing in the middle and sew parallel lines outwards 3 cm apart.
4. Iron or press the edges of the binding strip inwards to hide the raw edge.
5. Pin the binding so that it evenly covers the raw edge of the pot holder.
6. Fold the end of the binding inwards to hide the raw edge over the start of the binding.
7. Carefully sew the binding onto the potholder.
8. Enjoy your pot holder.